Saturday, November 21, 2026
Southgate Center
Classes corresponding to:
https://opusdei.org/en-us/page/summaries-of-catholic-teaching/

-Commandments 3-6 (We will cover as many points as possible, given the limits of time and attention span).

1. **The 10 Commandments as law and our lives today**
2. **Relationships**
3. **Then notion of piety**
4. **History of religions and the True Faith**
5. **Worship**
6. **The gift of life and the relationship with our parents**
7. **Respect for legitimate authority**
8. **Respect for the gift of life**
9. **Murder and legitimate self-defense**
10. **Abortion and birth control**
11. **Suicide and mental health**
12. **Physical and psychological abuse**
13. **Gossip, detraction and defamation**
14. **Drug abuse and addictions**
15. **Reckless behaviors**
16. **The meaning of sexuality**
17. **Marriage and its purposes**
18. **Holy Purity and modesty**
19. **Fornication and dating**
20. **Masterbation and pornography**
21. **Same-sex attraction**
22. **The gift of celibacy**